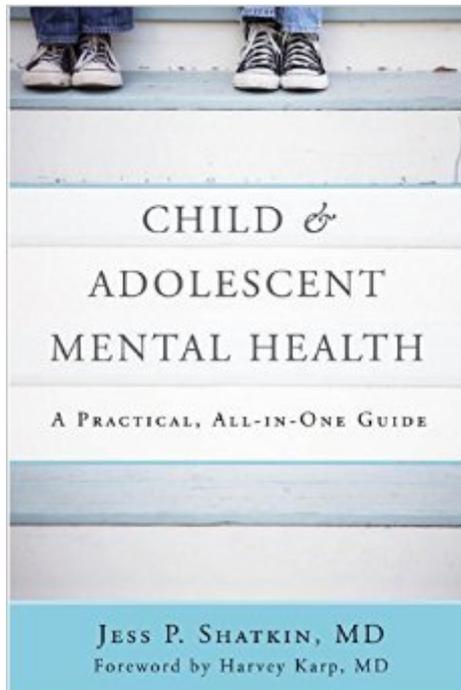


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# Child & Adolescent Mental Health: A Practical, All-in-One Guide



## Synopsis

Everything clinicians need to know about the emotional well-being of kids. With the number and type of mental health issues in kids on the rise, and as more and more clinicians and counselors are being pushed to the front lines of defense, now more than ever there is a need for a comprehensive, practical resource that guides professionals through the complexities of child and adolescent mental health. This practical, comprehensive book answers that call.

## Book Information

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (3 customer reviews)

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## Customer Reviews

This is a concise introduction to Child and Adolescent Mental Health. Its target audience (from the preface) includes pediatricians, family practitioners, NPs, psychologists, social workers, occupational therapists, speech therapists, general psychiatrists, and entry-level child and adolescent psychiatry residents and psychology interns. The stated goal of the book is to provide a concise and practical introduction to health care professionals in various fields who work with children and adolescents, either primarily or adjunctively. The author's argument is that it is important for diverse health care professionals working with this population to be familiar with the principles of child and adolescent mental health due to the dearth of practitioners in the field and the great need of this underserved population. This is an admirable goal and Dr. Shatkin succeeds in providing a rigorous, yet concise, introduction for his audience. The text is amply referenced with current and important references. I found this book very helpful as a primer to the field and also as a quick reference to which I can turn for quick answers. The text bears multiple readings due to the abundance of useful concepts packed in this concise book, and it helps that the prose is lucid yet

compact. I would give this book a rating of 5/5 and recommend it for anyone either interested in or starting out in this field. It may also be useful as a quick review for seasoned professionals, but I cannot (yet) speak to that. I think it is an especially good primer and can be used as a conceptual framework on which to build with larger reference works and journal articles. Another stellar feature of this book, given the skyrocketing price of textbooks and professional references, is its extremely reasonable price. Thank you, Dr. Shatkin, for writing this wonderful, current, and compact book.

It's a good starting point for those who are beginning to learn about counseling children.

Helpful for someone who is beginning to learn about psychology and evaluating children.

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